

St. Croix Falls School District 740 Maple Drive St. Croix Falls, WI 54024 715-483-2507 www.sefschools.com

MISSION STATEMENT

The mission of the School District of St. Croix Falls is to provide a supportive, student-centered learning environment that cultivates character, fosters academic excellence, and embraces diversity.

VISION

Becoming the best version of ourselves:

- Dynamic
- Connected
- Innovative

Inside this issue:

Superintendent's Message 2-3 Summer School Info 4-11 Kids Care 12-13 Community Ed Classes 14-22 School Nurse News 23 **Elementary Express** 24-31 Little Saints Child Care 32-33 Middle School Update 34-37 High School News 38-47 Athletics 48-51



Greetings,

Welcome to spring (we hope). There are many things that have been happening in our district during the fall and winter. Much of these are truly celebrations of good things taking place.

We have had many students receive recognition for their efforts in academics, activities, and athletics. We have some high school awards nights and scholarship nights coming up in May.

In addition to our students doing outstanding work, two of our staff were recipients of Kohl Fellowships. These fellowships honor outstanding educators for their contributions to the field of education. We had Amy Klein as one of our recipients. Amy is our elementary library teacher. She does so much for our students. The list of accomplishments for her is long and varied. She does great things not only for the students, but also for our school community. If you get a chance, please congratulate her on a rare achievement. The other recipient is high school social studies teacher, Marley Hoefs. Ms. Hoefs does a great many things for all our students. She is also deeply involved in honoring our community's veterans. Our student recipient is Brianna McCurdy. Brianna is a senior at St. Croix Falls High School. She has many academic, athletic, arts and community accomplishments. Congratulations to these three. Being a Kohl recipient is among the highest honors a person can receive in public education in Wisconsin.

Another significant happening was the election of one school board member--Ms. Roni Schuler. Roni has been reelected for another three-year term. She cares deeply about great educational experiences for our students. I would like to both congratulate and thank her for her continued service to the school district.

As we continue the school year, I would like to remind everyone that the committee meeting for the board of education is held the second Tuesday of each month and the regular board of education meeting is held on the fourth Tuesday of each month. However, for the months

of January, June, July, November and December there will only be one meeting. Meeting times are scheduled for 5:00 p.m. Should you need to contact me, do not hesitate to call my office at 715-483-2401 or email at buranma@scfschools.com.

Mark C. Burandt District Administrator

KOHL TEACHER FELLOWSHIP RECIPIENTS

Congratulations to Amy Klein, elementary school libraian, and Marley Hoefs, high school social studies teacher, on receiving the Kohl Teacher Fellowship Award. Both were awarded a \$6000 grant to use in their school as well as a \$6000 individual stipend.







Amy Klein

Marley Hoefs

Tech News -- Submitted by Brian Kray

Home Internet Assistance Program - Brightspeed

The following information is intended to help in providing support for families and their internet home internet access. We recognize that the internet provides our students with a gateway to learning possibilities from around the globe. This is not an endorsement of any one product,

merely for use in helping inform families of options.

You can save with the Affordable Connectivity Program through Brightspeed. This government assistance program can help you save on your monthly local internet service. Qualified customers can save up to \$60 per month on qualifying plans through this program. For more information or to see if you qualify, please visit: https://www.brightspeed.com/aboutus/community/lifeline/acp/



April 2023 Mage 3

*

* *

SUMMER SCHOOL GRADES 4K - 2

Dear Saints Families,

We are excited to offer summer school (on site at St. Croix Falls ES) for students who are NOW in grades 4K, K, 1, & 2. Classes will run from 8:30 - 12:00, Monday through Friday from June 5th-June 23rd. Students will read, write, do math, and have some fun together! We have lots of fun visitors planned (a magician, a traveling zoo, a bug zoo, scientists and much more!) Honestly, summer school is a wonderful experience!

> Breakfast is offered from 8:15-8:45. Lunch is offered from 11:20-11:50.

All meals are free of charge. If you like, you can send a lunch as always or have your child wait to eat until she/he gets home.

For those who need morning Kids Care, it will still be at the ES. After lunch, students who are enrolled in Kids Care will take a shuttle bus to the Dresser Elementary School. There is a separate and mandatory enrollment form for Kids Care, beginning at 6:00 am.

Please register your student(s) for both summer school and Kids Care as soon as possible and not later than April 28th. It is critical that we have a head-count so we can hire staffing accordingly.

> Please register EACH student SEPARATELY. Summer School Enroll HERE

THANKS SO MUCH! Rita Platt Principal St. Croix Falls & Dresser Elementary Schools

SUMMER SCHOOL GRADES 3-8

The St. Croix Falls School District will once again be offering a wide variety of exciting learning experiences this summer.

Summer school classes meet from 8:30 am - 12:00 noon from June 5th - June 23rd at the Middle School, with transportation being provided in the morning and again at noon. Several classes will provide mini-field trips. School transportation will be provided in these instances.

> Breakfast will be offered from 8:00 - 8:30 Lunch will be offered 11:45 - 12:00 Meals are FREE this summer, snacks offered a la carte

Students are given the opportunity to build their own summer schedule when registering online. Class descriptions can be found on the following pages. All classes are on a "first-come, first-serve" basis, so sign up quickly!

We look forward to having a fantastic start to summer!

Register here: https://scfschools.revtrak.net/summer-school/

Questions about online registration?

Contact Eimile Chelberg at (715)755-3165 ext. 1600 or chelbei@scfschools.com for help!

April 2023 Mage 5 *

* *

SUMMER TRANSPORTATION



School District of St. Croix Falls Summer School Bus Routes June 5– June 23, 2023

Location Southern Route: "Red" Bus Route	Pick-Up Time (A.M.)	Drop-Off Time (P.M.)		
2091 Glacier Dr. (Holiday Gas Station)	7:34 a.m.	12:55 p.m.		
1980 US-8 (Swank's Meats)	7:39 a.m.	12:50 p.m.		
1766 US-8 (Deer Lake Sports)	7:43 a.m.	12:47 p.m.		
1289 160th St (River Valley Christian Church)	7:46 a.m.	12:45 p.m.		
100th Ave & 180th St (Ubet)	7:56 a.m.	12:38 p.m.		
100 th Ave & 190 th St	7:58 a.m.	12:36 p.m.		
100th Ave & View Ln	8:05 a.m.	12:33 p.m.		
E State St & East Ave S (Dresser)	8:07 a.m.	12:30 p.m.		
Horseman Ave & South St W (Dresser)	8:09 a.m.	12:20 p.m.		
Appleseed's Daycare / Dresser Elementary	8:12 a.m.	12:25 p.m.		

Students are <u>not</u> to walk across US HWY 8 <u>or</u> 100^{th} Ave (County Rd F) without adult supervision. Busses will only pick up on the <u>south</u> side of US HWY 8 and 100^{th} Ave.

Northern Route: "Blue" Bus Route

100" Ave & 233" 31 (Lone Maple 3chool)	7:00 d.m.	12:21 p.m.
230th St & Beede Lake Trail	8:00 a.m.	12:26 p.m.
230 th St & 210 th Ave	8:03 a.m.	12:29 p.m.
2395 210th Ave (Eureka Center Garage)	8:05 a.m.	12:35 p.m.
State Hwy. 87 & Beede Lake Trail	8:09 a.m.	12:40 p.m.
State Hwy. 87 & 160th Ave	8:14 a.m.	12:18 p.m.
State Hwy. 87 & Maryland St.	8:17 a.m.	12:15 p.m.
Northern Route: "Green" Bus Route		
E River Rd & Evergreen Ave (Sterling Township)	7:50 a.m.	12:50 p.m.
E River Rd & 250 th Ave	7:55 a.m.	12:45 p.m.
2494 250th Ave (Kids' Corner Daycare)	7:58 a.m.	12:40 p.m.
2460 Old 87 Rd (Minit Mart Gas Station)	8:00 a.m.	12:35 p.m.

7.55 ----

Additional Notes:

State Hwy. 87 & 240th Ave

State Hwy. 87 & 230th Ave

• The pick-up times are approximate. Please be at stops 5 minutes early ready to board the bus.

8:02 a.m.

8:05 a.m.

The same bus conduct rules are in effect in the summer as during the school year.

Please direct all transportation questions to Arick Madrigal, Transportation Coordinator, at (715) 483-2450.

12:21 0 00

12:30 p.m.

12:25 p.m.

COURSE DESCRIPTIONS GRADES 3-8

Outdoor Fun in the Sun: Mrs. Maternowsky

This class will emphasize outdoors games, activities, and FUN! Kickball, soccer, and capture the football just to name a few. Rainy days we will play basketball or use the climbing wall. Come outside with us... we'll have fun in the warm weather and sunshine! Students must wear tennis shoes and should bring a water bottle and sunscreen.

Cost: FREE Weeks 1, 2, 3

Bowling: Mrs. Sinclear-Todd

This class is all about bowling! Have a few days of practice at Osceola Lanes in Osceola and then move on to tournament play. Rules of the game and bowling etiquette will be emphasized. Also -PRIZES!

Cost: \$20 Weeks 1, 2, 3

Catch the Big One Fishing: Mr. Hanson

Attention all fishers or wannabe fishers... this is a class for you! Learn all the basics to fishing in Wisconsin, even the correct way to tell a whopper of a fish story. Bring a pole and get ready to wet a line because we're going fishin'!

Cost: \$5 Weeks 1 and 2

Advanced Fishing: Mr. Hanson

Have you mastered the basics of fishing? Are you ready to learn new techniques from local fishing legend, Mr. Hanson? If so, sign up for this week of adventuring around Polk County in search of monster fish! Students may bring their own fishing gear, bug spray, and sunscreen.

Cost: \$5 Week 3

Survivor SCF: Mrs. Belisle

In this class, you will be put onto teams and form tribes. Your tribes will compete against each other in races, puzzles, endurance, and food challenges. You will learn quickly that teamwork is very important. But most of all, you will learn how much fun you can have while using your body and brain.

Cost:\$8 Week 1

April 2023 Mage 7 *

¥

COURSE DESCRIPTIONS GRADES 3-8

Chess: Mr. Slattengren

Are you ready to learn the game that has been called "The Ultimate Competition"? Are you up to the challenge of a logic and strategy game that's been around for 1500 years? It may sound intimidating, but it's also a great way to have fun and spend time with friends! This week will be spent learning and playing Chess. This is for all ability levels, so don't shy away if you're a beginner.

Cost: FREE Week 2

STEM with Sphero: Mrs. Bateman

Work with Sphero balls to learn how to code! Guide them through mazes, missions and challenges throughout the week.

Cost: \$5 Week 1

STEM Adventures with Cardboard Arcade: Mrs. Bateman

A week of adventures using your brain to have fun with cardboard arcade!

Cost: \$5 Week 2

Cooking Disney Style: Mrs. Zdroik

We will make treats inspired by Disney movies while listening to the soundtracks. Together we will learn about kitchen safety and how to properly follow a recipe. Kids will be able to eat the treats they make and go home with recipes to share with their families.

Cost: \$20 Weeks 1 and 2

The Art of Papercrafting: Ms. Hoag

GRADES 3-5: Students will create cards, envelopes, photo and journal folios, hinge-lid boxes, bags and much more. Techniques for stamping, embossing, folding, die cutting, scoring, and inking will be used to create and embellish our projects. Wear clothes you can get dirty and bring your imagination!

Cost:\$20 Weeks 1 and 2

SAFETY COURSES

GRADES 3-8

Boater Safety: Mr. Gilbert

Wisconsin boating safety certification or out-of-state equivalent certification is required for operators born on or after Jan. 1, 1989. Anyone is eligible to take the class and receive a safety education completion certificate, however, courses are designed at a 5th-grade level or up. All students should bring their DNR number to class.

Cost: \$10 Week 1

ATV/Snowmobile Safety: Mr. Gilbert

Instruction emphasizes laws and regulations, ethics, personal safety and the proper use of all-terrain vehicles and snowmobiles. Students may take this course before their 12th birthday, but safety certification will not become valid until their birthdate. Students should bring their DNR number to class with them.

Cost: \$10 each for ATV and Snowmobile safety, may take 1 or both! Weeks 2 and 3

Hunter's Safety: Mr. Steeber

*Must be at least 10 years old by December 31 to enroll, strongly recommended for students grade 6 and up as the written test is designed for ages 12+. Class size is limited to 12 per week.

Wisconsin DNR offers safety courses for students aged 10+ years old. In its age-old history, the hunting tradition in this state is strong. This course will focus on the traditions of safe hunting so long enjoyed by many generations. Students should bring their DNR number with them to class.

Cost: \$10 Weeks 2 and 3

April 2023 Mage 9



**

Summer School

Osceola Aquatic Center American Red Cross Learn to Swim Course Information

The Osceola Aquatic Center reserves the right to place students with other swimmers with like skills

Level 1: Intro to Water Skills (all with assistance)

- *Enter and exit water
- *Fully submerge face for 3 seconds
- *Supported float on front & back
- *Enter and exit water
- *Walk 5 yards in chest-deep water
- *Bob to chin level 3 times
- *Bubble blowing
- *Supported kicking on front & back
- *Combined arm & leg action front back
- *Open eyes underwater and retrieve object
- *Front and back glides
- *Rollover front to back and back to front
- *Personal safety & rescue skills

Level 2: Fundamental Aquatic Skills (all independently)

- *Fully submerge head for 5 seconds
- *Float on front unsupported 10 seconds
- *Float on back unsupported 15 seconds
- *Jump off the side of the pool in chest-deep water
- *Front crawl 5 body lengths/20 feet w/ rotary breathing 5 times
- *Introduction to elementary backstroke
- *Personal safety & rescue skills
- *Retrieve objects in chest-deep water
- *Bob 5 times
- *Flutter kick on front and back
- *Turning over front to back & back to front
- *Tread water
- *Change direction swimming on front

Level 3: Stroke Development

- *Front & back float for 30 seconds
- *Jump in deep water from side of pool
- *Front and back glide with flutter & dolphin kick
- *Swim front crawl with rotary breathing 25 yards
- *Swim back crawl 15 yards
- *Elementary backstroke 25 yards
- *Tread water 1 minute.
- *Personal safety & rescue skills
- *Dive from side of pool from kneeling & compact positions
- *Required exit skills using all skills above

Level 4: Stroke Improvement

- *Dive from side of pool from stride and compact position
- *Front crawl 25 yards with rotary breathing
- *Back crawl 15 yards
- *Elementary backstroke 25 yards
- *Breaststroke 15 yards
- *Swim underwater 3-5 body lengths
- *Tread water 2 minutes
- *Personal safety & amp; rescue skills
- *Front crawl 25 yards with rotary breathing
- *Back crawl 15 yards
- *Sidestroke 15 yards
- *Elementary backstroke 25 yards
- *Breaststroke 15 yards
- *Butterfly 15 yards
- *Tread water 2 minutes, using 2 different kicks
- *Open turns on front & back

Level 5: Stroke Refinement

- *Long shallow dive
- *Surface Dives, tuck and pike
- *Sidestroke 25 yards
- *Elementary backstroke 50 yards
- *Front crawl 50 yards
- *Flip turn on front and back
- *Breaststroke 25 yards
- *Butterfly 25 yards
- *Back crawl 25 yards
- *Personal safety & rescue skills
- *Tread water 5 minutes
- *Tread water legs only 2 minutes
- *Sculling 30 seconds

Level 6: Advanced Personal Water Safety

- *Front crawl 100 yards
- *Back crawl 50 yards
- *Elementary backstroke 100 yards
- *Breaststroke 50 yards
- *Sidestroke 50 yards
- *Butterfly 50 yards
- *Dive to a depth of 7-10 feet and retrieve object
- *Demonstrate open and front and back flip turns when swimming
- *Swim 500 yards continuously using any 3 strokes of your choice, swimming at least 50 yards of each stroke

April 2023

Welcome to Kids Care, Summer 2023!

Summer Kids Care is available for children that have attended 4K through 3rd grade.

* NOTE: Kids who completed 4th grade are no longer eligible for Kids Care services.

Attendance Policy

All families will be **REQUIRED** to return an attendance calendar for each month. This is required due to our needs to meet state required staff/student ratios.

Absent

If your child is signed up for enrollment for a day and they will be absent please call and leave a voicemail on the kids care phone 715-417-1694 or email Tammy Jones jonesta@scfschools.com

Toys/electronics/items from home

Please keep all personal belongings in your bag or at home to be sure nothing gets lost or broken.

Summer School Days June 5th- June 23rd						
Туре	Description/Information	Fees				
Summer Kids Care Registration Fee	Online Registration using https://scfschools.revtrak.net/rw-community-education/ Click on Kids Care Summer 2023 Only pay ONCE per summer for registration.	\$30 per child \$60 maximum per family				
Morning and/or After Summer School Care	During summer school morning care will be available at SCF Elementary School from 6:00 am until school starts. Before School Daily Fee (6:00am-8:30am) \$5.00 per child After Summer School Daily Fee (6:00am-8:30am) \$5.00 per child After Summer School Daily Fee (Arrival from Summer School-6:00am SCF to Dresser. Pick up students by 6:00 pm at Dresser Elementary School Dresser Elementary School School Daily Fee (Arrival from Summer School-6:00am School-6:00am School-6:00am School Daily Fee (6:00am-8:30am) \$5.00 per child \$18.00 per second child					
Summer Starting June 26th, 2023 Contract		Fees				
Calendar Care All families will be REQUIRED to fill out a Monthly calendar for their children. Monthly calendars are due no later than 2 weeks before the beginning of each month. Calendars will be sent out by Tammy Jones and returned to Tammy at ionesta@scfschools.com Late fee Payment is applied if payment is not received by the due date.		\$30.00 daily per child \$25.00 daily per second child				

Kids Care will provide:

- A safe, healthy, comfortable environment.
- Caring supervision by a qualified adult and great, enthusiastic students.
- Large movement games-when outside time can't happen.
- A healthy, nutritious snack.
- Lots of fun!!!

What will be expected of you in regards to Kids Care?

- Pay your invoice on time.
- Help your student to understand the importance of following Kids Care rules.
- Reach out to us with concerns and collaborate with us to solve problems
- Understand that while we offer a wide variety of daily choices for students there are some activities that all will be expected to participate in (for example, reading and outdoor play.)

What will be expected of your child during Kids Care?

- Be a Saint who C.A.R.E.S. (cooperative, assertive, responsible, empathetic, self-controlled)
- Follow program rules & staff directions
- Participate appropriately in planned activities within a group of children
- Cooperate with transitions in activities and locations
- Stay within the activity area and not wander away from the group
- Be independent for personal care needs such as washing hands and toileting

AM Kids Care 715-417-2248 PM Kids Care & FULL Summer Days call 715-417-1694.

Please call when you arrive to pick up and drop off your child.

It is our intention to work with your child to make Kids Care a great place for her/him to be. We have rules and procedures that must be followed for the safety of all of the children in our care. If, for any reason, your child has consistent difficulty following the rules and procedures, we will take the following steps.

- 1. Speak (at pick up time or through a phone call) to the parent about the problem and seek support.
- If there are still problems, give the parent a behavior "ticket" (below) with a request for a meeting.

Minor Problem Behavior	A Saint CARES	Major Problem Behavior
 ☐ Inappropriate Language ☐ Physical Contact ☐ Defiance ☐ Disruption ☐ Property Misuse 	Play, Learn Grow	 ☐ Abusive Language ☐ Fighting/ Physical aggression ☐ Overt Defiance ☐ Harassment/Bullying ☐ Lying/ Cheating ☐
Other		Other

3. If there are still problems, inform the parent that the child cannot return to Kids Care.

We truly appreciate the time you took to read this information, the trust you show in us, and your cooperation. We love working with your children and look forward to making this the best year of Kids Care ever!

For questions, compliments, or concerns feel free to reach out to the Kids Care team!

Jessie Arnesonarnesje@scfschools.com 715-294-4393 Rita Plattplattri@scfschools.com 715-483-9823 Tammy Jones jonesta@scfschools.com 715-417-2248 (am)

715-417-1694 (pm/full summer days)

April 2023



Summer 2023

St Croix Falls Community Education



Online Registration: https://scfschools.revtrak.net/rw-community-education/ You can also call or email to reserve space in classes. St Croix Falls Community Education is excited to offer camps and classes to all who live in and near the St Croix Falls community. Visit www.scf.k12.wi.us and click on the COMMUNITY tab then Community Education Online Registration for open classes, camps, and additional information. To contact St Croix Falls Community Ed with questions about classes, call 715-483-2406 or email commed@scfschools.com



SUMMER ZUMBA DANCE FITNESS With Kelsey

Wednesdays beginning June 7th @ 5:00-6:00 pm NEW SUMMER LOCATION - SCF Elementary School Gym

Cost: \$6/class payable directly to Kelsey at class! Punch cards are also available for purchase.

Dance your way into a healthier you! Come and join a cardio filled Zumba dance class that keeps you moving at all times while having fun! Enjoy the Latino based rhythm infused with popular hits from today we all love. Pre-registration is not needed. Come and enjoy the fun!!

Piano and Flute Lessons: with Instructor Julie Roadfeldt. Lessons are open to youth and adults \$25.00 per half hour lesson, monthly tuition is due at the beginning of each month, payable to Julie Roadfeldt. Classes can be held in the SCF HS Music Room. St Croix Falls Community Ed welcomes experienced piano and flute instructor Julie Roadfeldt this school year for private after school music lessons, for students of all skill levels! Lessons are open to ALL ages. To learn more about music instruction and to schedule lessons, please email Julie at julie.roadfeldt@gmail.com or call 715-557-2527.





Driver's Education: St Croix Falls students interested in Driver's Ed

OPTION 1 St Croix Valley Driving School is located in St Croix Falls - New Classes start April 25th!

ADDITIONAL NEW CLASS OPTION will be held at the SCF High School beginning July 10th!!

ALL information is available by calling or texting 715-553-6602 or email scvds.office@gmail.com

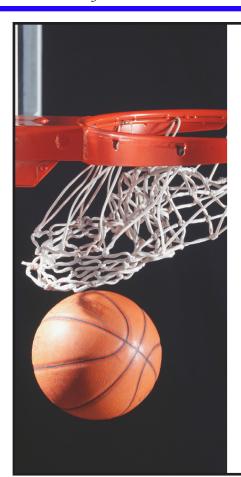
OPTION 2 Drivers Education is available online through Northwood Technical College.

All information is available by calling 715-234-7082 and select option 4, or can be found at:

https://www.northwoodtech.edu/continuing-education-and-training/driver-training/drivers-ed

OPTION 3 Bumper to Bumper School of Driving is located in the Somerset/New Richmond area and offers services to St Croix Falls students. All information is available by calling 715-417-8316, email Btbsdllc@gmail.com, or on their website: btbsdllc.com

IN ADDITION, Attached is information on Tee Ball and Coach Pitch Baseball, Basketball camps, Summer wrestling, Wrestling Camp, DYNAMITE Horse Camps, Volleyball Camp, and Football Camp!!



SAINT CROIX FALLS MENS BASKETBALL

REGISTER ONLINE: https://scfschools.revtrak.net/rwcommunity-education/ (UNDER SUMMER CAMPS)

JOIN THE ST. CROIX FALLS BOYS' BASKETBALL COACHING STAFF AND VARSITY ATHLETES FOR SUMMER BASKETBALL CAMP! OUR FOCUS IS TO TEACH KIDS THE FUNDAMENTALS OF THE GAME. WHILE **INSTILLING "THE LOVE FOR THE GAME"**

MIDDLE SCHOOL CAMP: Who: Grades 5-8

June 19 - 22 (Monday - Thursday)

MS Gym; 2:00 - 3:15 PM

Cost \$40

BOYS CAMP: Who: Grades 4K-4

June 19 - 22 (Monday - Thursday)

MS Gym; 12:30 - 1:45

Cost \$40

CHAD HALL



SAINT CROIX FALLS WOMENS BASKETBALL

REGISTER ONLINE: https://scfschools.revtrak.net/rwcommunity-education/ (UNDER SUMMER CAMPS)

HS CAMP:

Who: Grades 9-12

Wednesdays June 14, 21, 28, July 12, 19

MS or ES Gym; 2:00 - 3:30 PM

Cost: \$50

MS CAMP:

Who: Grades 5-8 June 5-8 (Monday - Thursday) MS Gym; 2:00 - 3:30 PM

Cost \$35

GIRLS CAMP:

Who: Grades 1-4 June 5-8 (Monday - Thursday) MS Gym; 12:30 - 2:00 PM

Cost \$35

ANGIE MATERNOWSKY

Head Girls Basketball Coach

April 2023



St Croix Falls Baseball Association



2023 St. Croix Falls Baseball Association Registration Information Welcome to the Youth Baseball Season!

(Season Dates for Tee Ball and Coach Pitch 1: May 30th -June 29th)

The St. Croix Falls Baseball Association has partnered up with SCF Community Education and we are more excited than ever to get back on the diamonds this summer! We invite all students in grades PreK-4th grade to join us for some fun this summer. We are looking forward to seeing everyone on the ball fields again this season! As a side note, neighboring communities to St Croix Falls are also encouraged to sign up their youngsters, as many other schools do not offer tee ball as early as we do as a school district. Feel free to spread the word to friends and family on this as well.

Tee Ball (Recommended for PreK-1st Grade) Registration Fee: \$40 on or before May 5th

*This level is best suited for students in PreK-1st grade and offers an introduction to the game of baseball with an emphasis on developing basic baseball skills. The major emphasis will be on sportsmanship and having fun! (Games and practices will be Tues. and Thurs. evening on the north Dresser ball field next to Little Saints Childcare.)

Coach Pitch 1/2 (Recommended for 1st - 4th Grade) Registration Fee: \$40 on or before May 5th

*This level is best suited for students who have already mastered Tee Ball and are looking to further develop their skills in throwing, catching, hitting, and fielding. There will be an emphasis on the rules of the game, hitting, and learning different defensive positions while still promoting good sportsmanship and having fun! *Rule: Each batter will get five swings/strikes to hit the ball and after the fifth swing/strike if they have not made contact they will hit off a tee. This is done to help keep the game moving along. (Games and practices will be Mon. and Wed. evening on the Dresser ball fields).

New Way to Register this Year

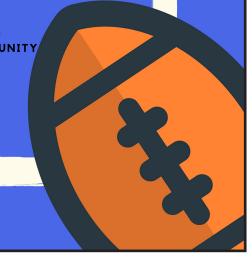
1.) All registration will be run through the district's community education online portal this season. Use the link blow or visit the school district's website and go to the Community Ed tab https://scfschools.revtrak.net/rw-community-education/



YOUTH SCF SUMMER FOOTBALL CAMP

SUMMER 2023
SCF HIGH SCHOOL PRACTICE FIELD
AUGUST 14 - 17 (7:00-8:30 PM)
\$40 - INCLUDES T-SHIRT
MUST PRE-REGISTER

FOR REGISTRATION VISIT SUMMER CAMPS
HTTPS://SCFSCHOOLS.REVTRAK.NET/RW-COMMUNITY
EDUCATION/

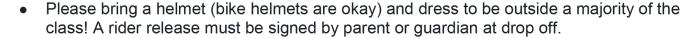


- DYNAMITE Horse Camp
- Geared towards K-5th, but all are welcome
- All things horse spread out over 3 days! Start the morning off with chores, followed by a lesson, a craft and lunch and then more riding!
- Instructed by Taylor & Tyler Belisle
- Class A July 10th-12th 10am-3pm
- Class B July 17th-19th 10am-3pm
- Dynamite Horse Company 1349A 105th Ave Amery WI 54001 651-583-4411 taylorbelisle@yahoo.com









 Use the link blow or visit the school district's website and go to the Community Ed tab https://scfschools.revtrak.net/rw-community-education/

Rider acknowledges that horses, by their very nature are unpredictable and subject to animal whim, which may include behavior including but not limited to their propensity to kick, bite, shy, buck, stumble, rear, or general unpredictability. Rider assumes all risks in connection therewith, and expressly waives any claims for any injury or loss arising therefrom.

Rider expressly releases manager from any and all claims for personal injury or property damage, even if caused by negligence by manager or its representatives, agents or employees.

Above is taken directly from the release of liability form they'll sign on drop off!





• COWPOKES

- Weekly gathering for all the little cowgirls and cowboys at Dynamite Horse Co. Come spend the evening on the farm. Care for the animals, ride the horses, play with the barn cats. And enjoy a snack before heading home. It's sure to be a blast each week! Transportation to Dynamite Horse Farm is on your own.

Geared towards K-5th but all are welcome. Private lessons are offered for older

kids, with flexible lesson times.

- Instructed by Taylor & Tyler Belisle
- Option A Wednesdays 5-7p June 7th, 14th, 21st and 28th
- Option B Thursdays 5-7p June 8th, 15th, 22nd and 29th
- Option C Wednesdays 5-7p July 5th, 12th, 19th and 26th
- Option D Thursdays 5-7p July 6th, 13th, 20th and 27th
- Option E Wednesdays 5-7p Aug 2nd, 9th, 16th and 23rd
- Option F Thursdays 5-7p Aug 3rd, 10th, 17th and 24th
- Dynamite Horse Company 1349A 105th Ave Amery WI 54001 651-583-4411 taylorbelisle@yahoo.com
- \$150/per participant per option
- Minimum 3 participants per class, max of 8
- To Register: Use the link blow or visit the school district's website and go to the Community Ed tab https://scfschools.revtrak.net/rw-community-education/

Rider acknowledges that horses, by their very nature are unpredictable and subject to animal whim, which may include behavior including but not limited to their propensity to kick, bite, shy, buck, stumble, rear, or general unpredictability. Rider assumes all risks in connection therewith, and expressly waives any claims for any injury or loss arising therefrom.

Rider expressly releases manager from any and all claims for personal injury or property damage, even if caused by negligence by manager or its representatives, agents or employees.

Above is taken directly from the release of liability form they'll sign on drop off!





April 2023

Sponsored by St. Croix Falls Wrestling Booster Club

Halo Wrestling

IRON SHARPENS IRON!

Summer wrestling makes winter champions! SCF wrestling will be hosting a plethora of opportunities for your wrestler to get some off-season wrestling in. Several SCF coaches will help coach at sessions as well as some high-level drop-in coaches. The summer wrestling camp will be featuring NCAA **Finalist Tanner Sloan and Lakeland University Head Coach Mike DeRoehn!** Area wrestlers are invited!

Cost: \$75 dollars

Price Includes: Sunday Nights

 2^{nd} thru 6^{th} grade -4:00 to 5:30 pm 7th thru 12th grade - 6:00 to 7:30 pm

Wednesday Nights

 7^{th} thru 12th grade -7:00 to 8:00 pm

5 Day Wrestling Camp (June 24—28th)

Register today on the SCF Community Ed Website: https://scfschools.revtrak.net/rwcommunity-education/

Location: Saint Croix Falls High School Address: 740 Maple Dr, St Croix Falls, WI 54024

If you have any questions email ravgoio@scfschools.com or call 715-338-7580.





MAY 2023

SUN	MON	TUE	WED	THU	FRI	SAT
28	29	30	31	1	2	3

JUNE 2023

SUN	MON	TUE	WED	THU	FRI	SAT
28	29	30	31	1	2	3
4 💥	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	1

JULY 2023

SUN	MON	TUE	WED	THU	FRI	SAT
25	26	27	28	29	30	1
2 💢	3	4	5	6	7	8
9 💢	10	11	12 📈	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31	1	2	3	4	5





Sponsored by St. Croix Falls Wrestling Booster Club

HWE Halo Wrestling Camps

Youth Development Camp (June 26th - 28st)

Grades: Pre/K - First Grade Time: 4:00 to 5:00 pm

Camp Fee: \$30 Check In: Middle School Gym

This camp will focus on developing basic wrestling skills while having fun. Body awareness skills through tumbling will be a key teaching focus as well as basic maneuvers like double legs, single legs, sprawling, half nelsons, and escapes. The skills learned will build a strong foundation to grow as wrestlers and human beings.

Intermediate Camp (June 24th – 28st)

Grades: 2nd - 5th Time: 4:00 to 5:30 pm

Camp Fee: \$50 Check In: Middle School Gym

This camp will focus on building off the basic skills and introduce some advanced techniques that are required to win at the varsity level. Top, bottom, and neutral positions will all be taught as well as some baseline defense skills that will help your wrestler win at the next level.

Elite Camp (June 24th - 28st)

Grades: 6th-12th Camp Fee: \$50 Time: Saturday 9:00 to 11:00am and 1:00 to 3:00 pm Sunday thru Wednesday - 6:00 to 8:00 pm everyday

Check In: Middle School Gym

This camp will focus on refining the basics while mastering the advanced techniques to win championships. Drilling, technique, and live wrestling will be utilized to help your wrestler jump levels. Tanner Sloan will be teaching mat wrestling and how to score in the top position. Coach DeRoehn will focus on scoring in the neutral position and hand fighting principles.

Location: Saint Croix Falls Middle School Gym Address: 740 Maple Dr, St Croix Falls, WI 54024

If you have any questions email <u>raygojo@scfschools.com</u> or call 715-338-7580.

Register today on the SCF Community Ed Website: https://scfschools.revtrak.net/rw-community-education/

CAMP COUNSELORS



Tanner Sloan

- 2x Iowa State Champion
- 4-time Division 1 NCAA Qualifier
- 2023 Division 1 National Runner Up
- U23 Silver World Medalist



Mike DeRoehn

- Head Coach at University of Wisconsin Lakeland
- 2010 Junior National Greco-Roman Coach of the Year by USA Wrestling
- 2011 Person of the year by USA Wrestling

*SCF Coaches and alumni will help coach sessions throughout the camp



Find camp information on Facebook @ St. Croix Falls Wrestling Booster Club

April 2023 Nage 21



VOLLEYBALL CAMP

AUGUST 7-10

GRADES K-4:4-6 PM GRADES 5-8: 6-8 PM \$40

REGISTRATION OPEN UNTIL 7/31 SCFSCHOOLS.REVTRAK.NET/RW-COMMUNITY-EDUCATION/

Attention parents of children going into 4K, Kindergarten and 7th grade Fall 2023

If you have not received a letter, you should be receiving it soon. This letter is regarding your child needing immunizations prior to the start of the Fall 2023 school year per the Wisconsin law. If you decline to immunize, then a waiver will need to be completed and signed. Please watch for this letter.

4K Students will need the following immunizations:

- 4 DTaP/DTP/DT
- 3 Polio
- 3 Hepatitis B
- 1 MMR
- 1 Varicella

Kindergarten Students will need the following immunizations:

- 4 DTaP/DTP/DT
- 4 Polio
- 3 Hepatitis B
- 2 MMR
- 2 Varicella

7th Grade Students will need the following immunizations:

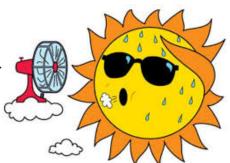
(Please note, this is a new protocol; previously immunization was needed starting 6th grade.)

1 Tdap

Safety Tips for Hot Summer Days

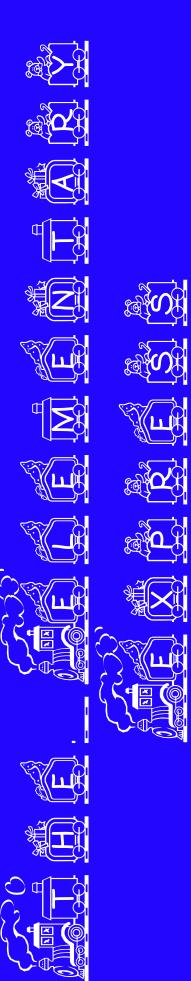
With summer approaching, here are some tips to stay cool in the heat.

- Stay hydrated. Drink plenty of water on hot days. Don't drink liquids that contain caffeine, alcohol, or large amounts of sugarthese cause you to lose more body fluid. Avoid hot, heavy meals.
- Stay in air conditioning. When possible, stay in air conditioning on hot days. If you don't have air conditioning, head to libraries, malls, and other public spaces to keep cool.
- Check on loved ones. Extreme heat can affect anyone of any age, including youth and adults. Be sure to check on older friends and neighbors who live alone and don't have air conditioning.
- Avoid the hottest part of the day. If you must be outside, stick to the cooler morning and evening hours. Wear light, loose clothing and take frequent, air-conditioned breaks.
- Beware of hot cars. Never leave a person or a pet in a parked car, even for a short time. On an 80-degree day, the temperature inside a car can reach 100 degrees in less than 10 minutes.
- Stay informed. Watch your local weather forecasts so you can plan outdoor activities safely. Pay attention to any extreme heat alerts.



TIME TO VACCINATE

April 2023 19age 23



Dear St. Croix Falls and Dresser Elementary School Families,

The year has flown by so fast! Thank you to all for helping us make it go smoothly. I love each and every child we serve and am thankful that I'll get to work with them again next year, except the fourth graders who will leave for the middle school, who I will miss seeing every day. My motto continues to be, "Start and end with love!" It is a mantra I repeat every day, and I hope you have found that I embody it.

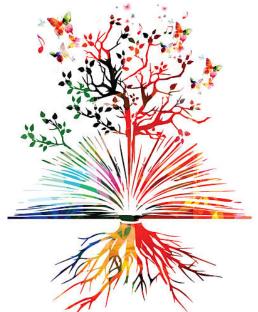
As we head to the home-stretch of the 2022/2023 school year, I'd like to share a few reminders.

- Organize your day so that children read for 20 minutes each day. This is a homework expectation for every Dresser and SCF ES student. If your little darling can't read, please read to her/him.
- Students should **spend 5 minutes on math fact practice and/or spelling practice each day** as needed. If you need support getting this going at your house, let me know, I truly love to help!
- Limit electronics to an hour a day maximum and encourage as much outdoor and creative play as possible! Nature deficit is an increasing problem in the nation. Let's keep our community connected to the great outdoors!
- Communicate with us! We welcome you to call or email anytime. Do not hesitate to share questions, concerns, or compliments.

A BIG thank you to the families and friends who do so much to support our schools! We are all so grateful that we live in a community where being a "Saint who C.A.R.E.S." (cooperation, assertion, responsibility, empathy, self-control) is not just a school thing.

Best wishes to you and your families!

Rita Platt Elementary Principal







St. Croix Falls School District

Full Day 4K Registration Is Open!

All children that will be 4 years old on or before September 1, 2023, may register to attend 4K for the 2023-2024 school year.

Registration is due April 28, 2023.

Please contact Randi Shaw at the SCF Elementary Office to get started (shawra@scfschools.com or 715-483-9826 x1100).

Kindergarten and Other Grades Registration information:

If your child attended 4K at St. Croix Falls Elementary School, you do NOT need to register for kindergarten, it is automatic! If you have a NEW student for grades K-4, please contact Mrs. Shaw.

Bummer School News!

It's time to start planning for summer school. We hope you'll send your students in grades 4K-2nd to the elementary school for three weeks of summer fun from June 5th through June 23rd. We'll have lots of fun special guests, take hikes on local trails, and laugh and learn together. In the classroom, we'll read, write, and do math around different animal themes. From "Fun on the Farm," to "Junior Rangers," to "Owl-icious" learning, your kids won't want to miss out!

Look at the ES webpage for registration! https://www.scf.k12. wi.us/schools/scf/

*Please note that grades 3rd-8th will attend class in the middle school for their summer school program.



April 2023 19age 25



Blue Ribbon Campaign Child Safety Event & School Dance

April is Child Abuse and Neglect Prevention Month!

The St. Croix Falls Elementary School will be holding an outdoor event 😊

*The SCF Police and Polk County Officers will host a bike obstacle course - helmets required!

*In addition, we will have several stations including:

- Surf's Up dance
- Face painting & temporary tattoos
- Cake/goodie walk
- The St. Croix Falls Fire Department will also educate families about the importance of fire safety
- BOGO Scholastic Book Fair!!

When: Friday, April 28th, 2023

Where: St. Croix Falls Elementary School

South Parking Lot & Bus Area

5:00 p.m. - 7:00 p.m. Time:

Details: Light supper and soda floats provided

**Bike raffle and free helmets courtesy of St. Croix Health

FREE!

(suggested donation of \$2/person if you can offer it)

Come and join the fun!

IditaREAD Challenge Another Hit

Readers at SCF Elementary made winter slide along faster with IditaREAD 2023, a reading incentive modeled after the Iditarod Sled Dog race. To kick things off, students were introduced to the challenge during our Winter Fun Day activities held on February 14. To coinside with the event, Mrs. Clemins had all students participate in a schoolwide art project that day, where students colored an "Idita-dog" that became part of a giant quilt-like installation. The elementary Saints were eager to start the challenge after all the hype. Author Gary Paul wrote, "Read like a wolf eats," and over 150 students grades 1-4 did just that. They gathered their own family member teams and read together—with perseverance—for 998 minutes in three weeks. Finishers were rewarded with an IditREAD t-shirt complete with an "Aurora Borealis" tie-dye experience.

















April 2023 Nage 27



Kindergarten Spring Concert A Hit!

Kindergarteners had their spring concert on April 14 in the new Fine Arts Center's auditorium space. They sang fun songs such as "Try Everything" from Disney's Zootopia and the "Alpine Song" complete with yodeling. Students performed their last song with small percussion instruments.





Schoolwide Math Incentive -- Submitted by Gina Ader

Elementary Students Zooming Along with Math Facts

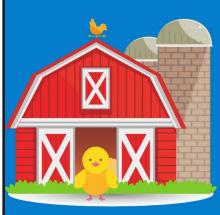
The SCF elementary students recently finished up the "FAST FACTS RACE" in which each grade is responsible for knowing math facts fluently. Each grade is responsible for knowing the following:

- 4K—Writing numbers 1through 10
- Kindergarten—addition facts
- 1st grade—addition facts
- 2nd grade—subtraction facts
- 3rd grade—multiplication facts
- 4th grade—division facts

Each day a new test was given and classes moved their race cars across the hallway race track as more and more math facts were learned. This fun, motivational and schoolwide activity came just in time for the state test this April, where knowing math facts fluently comes in very handy for the 3rd and 4th graders.



April 2023 19age 29



NORTH WING FARM AT THE SCF ELEMENTARY

CHICK IT OUT AS IT WAS SOMETHING TO CROW ABOUT!!









SCF Elementary School had down on the farm hands-on learning fun this spring. Staff and students had farm experiences within their learning community with North Wing Farm. North Wing Farm was a place where all students/staff could visit throughout the school day. It was a place to "Chick Out" to learn about and to expand on prior knowledge of farm life. There was "Something to Crow About" with opportunities to spread their wings and learn how to incubate, candle, hatch and care for chicks! North Wing Farm provided opportunities to engage in real-life, authentic, hands-on, and experiential learning of the life cycle of a chicken. Students and staff were able to observe, first hand, chicks hatching! North Wing Farm is bringing learning to life! Real life experiences that will make lasting memories. The learning that took place was without limits. Making connections, touching on grade level essential standards in math, reading, science and social skills. Throughout it all... promoting being a Saint who C.A.R.E.S!









From Sap to Syrup

Mr. Waltz, SCF high school agriculture teacher, came to the Dresser Elementary School to teach the kindergartners about how to tap maple trees and the process of making maple syrup. Sap will be collected and boiled down to syrup at Mr. Watlz's house. The kindergartners will be able to taste the syrup on Arbor Day at the end of April for their annual tree planting event. What a perfect way to celebrate trees!







4th Grade News -- Submitted by Rita Platt & Amy Klein

Battle of the Books State Champions

Yes, that is correct. Our very own 4th graders brought home 1st place honors in the state wide annual Battle of the Books competition! The team was coached by SCF librarian Amy Klein. Students read 20 books and worked hard to understand them deeply enough to answer a wide assortment of trivia questions about them. The books were mostly novels, but there were several picture books, graphic novels (comic books), and

nonfiction titles in the mix as well. Most of the books were challenging reads. There were 218 teams competing state-wide and our Saints were the only team to get 100% of the questions correct. SCF Elementary has taken 5th place once and 3rd place twice in the past, but this is the first first place win for the school! 19 students worked on Battle of the Books and the final team was comprised of four battlers and one alternate. Pictured here is the final team. Congratulation to Coen Gilker, Emily Lechman, Cooper Hall, Aleister Riehle, and Lev Fortenberry.



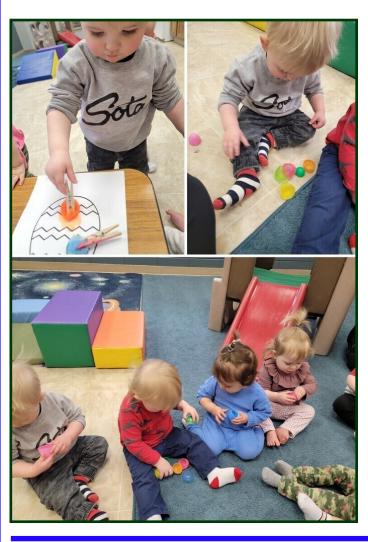
April 2023 Nage 31



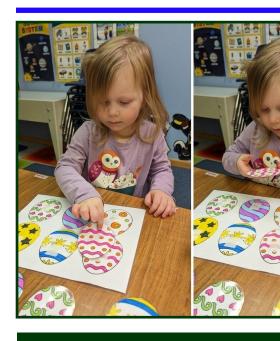




Liffle Saints Child Care











Learning Through Play









Parents,

As we move toward summer, we wanted to share some strategies from the Children's Health-Children's Hospital Association about coping with anxiety and depression in children as children will have more time on their hands without attending school each day.

1. Create a routine.

One of the best ways to help children cope with change is to implement structure. "Routines help us anticipate what's coming and make us feel safe and secure," says Kumar. It's important to establish a new normal during the summer for your child.

Work with your child to create a new daily schedule. A healthy routine will encourage children to maintain a regular sleep schedule, healthy eating habits and daily physical activity. Make a goal chart or to-do list and display the chart in an easy-to-see place like the refrigerator. This will allow your child to track progress and be reminded of their hard work.

2. Check in frequently and listen.

Check in with your child frequently about how they're feeling and listen without interrupting. Hearing your child's concerns, validating their feelings and keeping communication open is an important way to support them.

You can help your child manage feelings of anxiety by sharing ways you cope when you feel anxious. Let them know it's normal to feel upset or anxious and that you are there to help. Ask your child how you can best encourage them when they don't feel good.

3. Catch the signs of anxiety early.

One of the most important tools in managing anxiety is to recognize and address early warning signs of anxiety. Kumar encourages families to think about anxiety on a scale from 1-10. Many times, anxiety will increase to a level 8 or 9 before we ever realize we were creeping up the scale.

Early signs of anxiety can look different for everybody. For some, it might be biting nails or being fidgety; for others, it can look like irritability. Become familiar with the warning signs your child displays, as well as signs that you yourself are feeling anxious. Typical symptoms of anxiety include excessive worry, restlessness, fatigue, difficulty concentrating and trouble sleeping.

Anxiety can also present differently depending on a child's age. Young children do not have the words or ability to express how they're feeling, so anxiety can show up in physical ways such as tantrums, meltdowns or aggression. Older children, including teenagers, tend to be more irritable or prone to isolation when they feel anxious. Talk to your children about recognizing these warning signs and give them ways to respond when signs appear.

4. Teach children coping skills for anxiety.

The more anxious a child is, the more difficult it can be to use rational thinking to calm down. During these times, it's important to use physical coping skills to decrease levels of anxiety.

Children can do things like taking deep breaths, counting backwards from 100 or going to a safe space in your home to relax. Work with your child to identify a place that makes them feel calm, like a bedroom or playroom. Set up the space so they have something tactile to touch or hold, such as a soft blanket, a favorite stuffed animal or a stress ball. Include activities to do in the space, whether reading, drawing a picture or watching a video. These physical actions can help reduce feelings of anxiety and allow you to talk more with your child about how they're feeling as their anxiety goes down the scale.

5. Focus on what you can control.

Instead of dwelling on issues that are out of our control, teach your child to focus on the things they can control. Focusing on controllable tasks can help children think more logically and rationally.

"A lot of anxiety is steeped in "what-if" thinking which focuses on the worst-case scenario. This way of thinking can lead to fear and negativity," explains Kumar. "If you can stop what-if thinking in its early stages, and instead focus on the things you can control, like what you can accomplish today or how you can stay safe, that will help remove those anxious thoughts."

6. Encourage positive thinking.

Reframing negative thoughts to be more positive is a common practice in cognitive behavioral therapy (CBT), one of the most evidence-based treatments for anxiety.

"You can't tell a child to stop being anxious, but you can say, 'Tell me what you're thinking,'" says Kumar. "Then, you can help your child figure out if a thought is based in fact or based in what-if thinking. If it's based in what-if thinking, work together to change it to reflect something positive."

Take time to share what you are grateful for during this time or to share what you appreciate about your child. If you can focus on the positives and encourage positive conversation, moods will eventually change.

7. Seek professional help if needed.

If your child's anxiety persists and starts to become debilitating, it may be helpful to consult a mental health professional. Signs your child may benefit from professional help include not being able to accomplish everyday tasks, not wanting to participate in activities they used to enjoy or not sleeping well which can affect their energy and appetite.

Source: Children's Health-Children's Hospital Association

Mr. Darrell Imhoff Middle School Principal



Mrs. Marilyn Ward Middle School Guidance Counselor



April 2023 19age 35

8th Grade Recognition

Our 8th grade recognition ceremony will be held on May 24 at 2:00pm in the Fine Arts Center. This event is to recognize the accomplishments of our stu-

dents over the past four years in St. Croix Falls Middle School. An informal reception will follow the ceremony. Parents and guardians are invited to attend to celebrate the Class of 2027. Please enter through the Fine Arts Center doors located near the high school entrance.



Middle School Student Council News -- Submitted by Leah Lyman

MS MARCH MADNESS WEEK

This spring the middle school students participated in themed dress-up days, friendly competition between WYN classes, and a school-wide talent show all organized by the student council. Dress-up days included twin day, PJ day, color day, and more! The competitions students took part in were a door decorating contest to recognize winter and spring sports, and the famous cardboard sled race. The talent show finished the week with many students showing off their talents such as karate, dancing, singing, and piano playing.

























April 2023

Greetings Families,

As the end of the year approaches, activities, events and assessments bring the high school to a fever pitch in April and May. Here are some of the major events:

Prom will begin with a grand march in the Fine Arts Center at 5 p.m on April 29. Students will then board busses to attend the banquet and dance being held at Croix-View Farm near Osceola. The dance ends at 11 p.m. Busses will begin transporting students back to the school at 9 p.m., and run again at 10 p.m. and 11 p.m.

Advanced Placement testing will take place from May 1-12. Eighty-four students will be taking a total of 96 exams during that time.

Senior Awards Night will be held in the Fine Arts Center May 3. The ceremony begins at 7 p.m. Seniors should arrive by 6:30 p.m. Parents of seniors have received an email with more details. Seniors receiving awards will receive an invitation to the event.

Academic Awards Banquet will be held in the commons beginning at 6:30 p.m. on May 10. Students who have earned an academic award will receive an invitation to the program with information about meal costs and reservations.

Senior Check-Out will be in the afternoon on Tuesday, May 23. Parents of seniors have received detailed information in an email. Senior final assessments will be given May 22-23.

The Senior Class Trip is at Valley Fair on May 24. Seniors must arrive before 7:45 a.m. The bus leaves at 8 a.m. They must bring money for food and personal spending. Admission will be covered by the senior class activity fund. Seniors will return by 4:00 p.m.

The last day of school for grades 9-11 is May 25. A check-out schedule will be released as that date approaches. Final assessments will be held May 22-24.

Commencement Rehearsal will be from 10 - 12 p.m. on Friday, May 26. Seniors are required to attned in order to participate in the commencement ceremony.

Commencement will be held on Friday, May 26 at 7:00 p.m. at the SCF High School Gymnasium. More than 1000 people attend this annual event, so it must be held in the gym. Seniors must arrive at school before 6:00 p.m. (meet in the band and choir rooms).

The student council state conference will kick off on Sunday, April 23 in Green Bay. This year, St. Croix Falls will be hosting this huge event.

WSMA State Solo and Ensemble will be held Saturday, May 6 at UW-Eau Claire. Students involved in that event will receive more information from their music instructors.

Along with that, softball, track, baseball and boys' golf are all off to a quick start after an unseasonably warm week of weather melted the snow and dried off fields. Please check athletic schedules by clicking on "Heart 'O North Conference" under "Athletics" on the school district website.

Brady Belisle and Brianna McCurdy were selected as Heart of the North Scholar Athletes and were honored at a banquet on April 16. Brady Belisle, Brianna McCurdy and Camryn Hanson were selected as Heart of

the North Academic All-Conference recipients, an award based on GPA, ACT scores and involvement in school activities.

Finally, fifteen students recently competed at the state level of the Visual Arts Classic competition in Madison. Congratulations to the following students on the artistic efforts: Ariel Nash, Evelyn Gutierrez, Madison Brian, Azarea Kwock, Abby Wynne, Iabelle Van Gundy, John Bateman, Hailey Pomeroy, Yezi Stepp, Miles Aaron, Sam Hinckley, Mickayla Fitzgerald, Luis Palicio, Oliver Krzystofiak and Tanner Olson.

Peggy Ryan High School Principal





Brianna McCurdy Heart of the North Scholar Athlete & Academic Award



Brady Belisle
Heart of North
Scholar Athlete &
Academic Award



Camryn Hanson
Heart of the North
All-Conference
Academic Award















April 2023 Nage 39

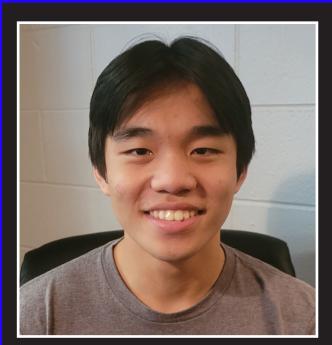
Shawn Gudmunsen, 7-12 vocal music instructor, was selected to present "Mental Health Using Music as a Guide" at the NAfME Eastern Division Conference in New York City. His session highlighted the focus on student mental health and how educators at SCFHS are addressing these needs.



Brianna McCurdy was awarded the Kohl Excellence Scholarship by the Kohl Education Foundation. This \$10,000 scholarship is awarded to outstanding seniors who have demonstrated leadership both in school and in the community.



Sophomore Ali Lehman has been selected to sing with the WSMA State Honors Treble Choir. Students from across the state audition for this prestigious choir and few are chosen.



Sophomore Charles Hilario has been selected to sing with the WSMA State Honors Project Mixed Choir. He is one of hundreds of students from across the state to audition for this prestigious choir.

Co-Valedictorians



Brady Belisle



Brianna McCurdy







Salutatorian - Camryn Hanson

February



Miles Wilson



Recent Rotary Students



March



Kaden Clark

April



Camryn Hanson



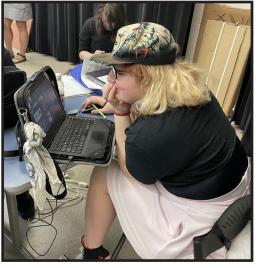
State VAC Highlights

The SCFHS Visual Arts Classic team traveled to the State Visual Arts Classic competition in Madison on April 13-14. This year we had 11 out of 12 students competing at the state level with 4 of them competing in both the long-term project and on-site challenge. The team came away with seven 1st places, five 2nd places, two 3rd places and two honorable mentions!











Artist in Residence Experience Comes to SCF

Thanks to a STAR Foundation grant to the 7-12 art department, Sarah Kalin was brought in as an Artist in Residence. Sarah is an artist out of Siren who works in leather, watercolor typography, photography, and ceramics. She spent two days working with art students in grades 7-12 teaching them all about leatherwork. Together, students created 4 leather collages, they stamped leather bracelets, key chains, and coasters. The work created by students as well as some of Sarah's original artworks is currently on display in the SCF Fine Arts Center.













April 2023 13 13 19 20 43

High School News

MRE Chopped Challenge



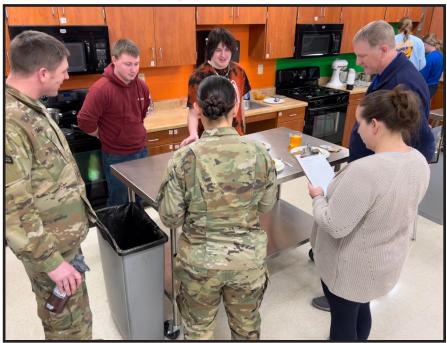








Back in February, Mrs. Zdroik's Industry Cooking class had the opportunity to work with the local National Guard to compete in a MRE Chopped Challenge. Students first learned about the history of Meals Ready-To-Eat. Then, they were challenged to create an appetizer, main dish, dessert, and drink from various MRE packages that were provided to them. Each group was then judged on appearance, taste and creativity of the newly created meal. Students enjoyed working on the fly to create an elevated meal for our honored guests from the variety of MREs provided.











AP Psych Goes to Stout

In the beginning of March, the AP Psychology class visited UW-Stout. They were able to visit the cadaver lab, hold human brains, and see the entire digestive, muscle and nervous systems. They then went to the Psychology Department to do an experiment about reactions to pictures of loved ones. It was a great educational experience.







April 2023 19age 45

Special Education Services

No matter where your student is at, we are here to support their learning needs through their IEP services and accommodations.

Parenting a student with learning, behavioral, or other challenges can be overwhelming. Thousands of questions run through your head. What type of accommodations and support should my child be getting at school? What type of support should I be giving my child at home? What's an IEP? Is there support after high school? This letter should serve as a guide to answering some of those questions.

We have included some links to some helpful information on the Wisconsin Department of Public Instruction's website.

Many special education questions can be answered here:

Special Education Home Page

• https://dpi.wi.gov/sped

Special Education Parent Home Page

https://dpi.wi.gov/sped/families/rights

Intro To Special Education Booklet

https://dpi.wi.gov/sites/default/files/imce/families-students/intro-se.pdf

SCF School District Special Education Information

https://sites.google.com/scfschools.com/studentservices/special-education?authuser=0

If you have more questions or need more information and would like to talk with a special education teacher,

please feel free to contact us.

Thank you!

High School Special Education Teachers:

Chris Schmidt

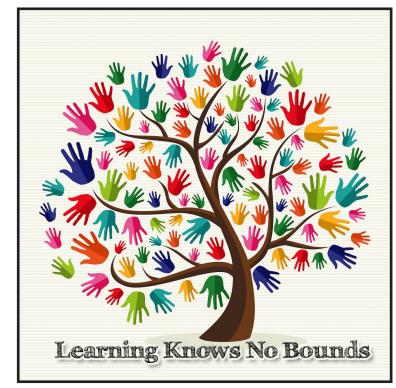
Email: schmich@scfschools.com Phone: 715-483-2507 ex 1308

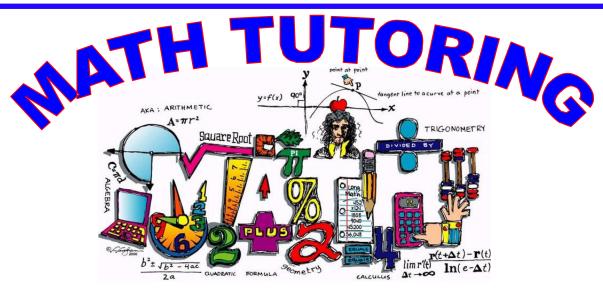
Cory Schmidt

Email: schmico@scfschools.com Phone: 715-483-2507 ex 1309

Tia Svardahl

Email: svardti@scfschools.com Phone: 715-483-2507 ex 1337





WHO: Algebra 1, Beginning Algebra, Intermediate Algebra, Algebra 2, Common Core Algebra 2, Geometry, Common Core Geometry, Stats, Pre-Calculus, Calculus, and Tech Math Students

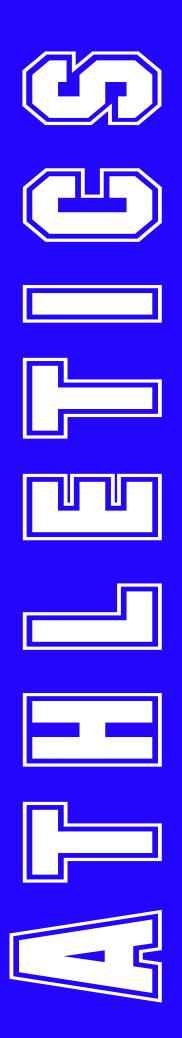
WHEN: Monday, Tuesday, Wednesday -- 7:00 - 7:55am; Friday -- 7:00 - 7:25am

WHERE: Mr. Sirinek's Room (Room #139)

WHY: To improve math skills and study habits.

WHAT TO BRING: A POSITIVE attitude & questions you would like help answering!





Bring on Spring--and the Sun

With the slow start to spring we are having this year, our spring sports' schedules are ever-changing. For the most up-to-date schedules, always check St. Croix Falls page on the Heart O'North website at https://heartonorth.org/public/genie/142/school/674/

Sports Officials

If you or anyone you know is interested in becoming an official for any sport, please reach out to me, Tara Rose, for more information. We will happily train you, help you get started, and make sure you have games to officiate. This is a great way to earn money, serve your community, and give back to athletics.

Summer Physical Date

The annual summer physical event will be held on July 18 from 4:00-8:00 at St. Croix Falls High School. The cost will be \$40, and registration will be through Osceola Medical Center (OMC).

Fall Sports Start Dates

Looking ahead to our high school fall sports, here are the official start dates:

- Football- August 1, 2023
- Girls Golf- August 7, 2023
- Cross Country, Soccer & Volleyball- August 14, 2023

Sports Have So many Positive Benefits For Our Students! Encourage your student(s) to get involved!

One last note to our parents/guardians, please make sure your student athlete has a current physical or alternate year card turned in. This must be in before the athlete can practice. Also, make sure to register and pay the activity fee for your athlete on the RevTrak Link: https://scfschools.revtrak.net/athletic-fees/#/f/athletics-fees

Thank you, Tara Rose roset@scfschools.com Work: 715-483-2507 ext. 1305

Cell: 715-417-2280



^{*}Please note that all middle school sports (Cross Country, Football, & Volleyball) will start on Monday, August 21, 2023.

-

Coming Soon

WEIGHT ROOM SUMMER SESSIONS



STUDENTS 5TH-12TH GRADE ARE WELCOME TO LIFT IN THE WEIGHT ROOM FOR SUMMER SCHOOL. HS STUDENTS ARE EXPECTED TO DO THEIR TEAM BUILDR WORKOUTS AND MS STUDENTS WILL HAVE A DAILY WORKOUT GIVEN TO THEM. THIS IS A GREAT OPPORTUNITY TO GET STRONGER, FASTER, AND **BECOME A BETTER ATHLETE!**

Registration is REQUIRED and can be done at: https://scfschools.revtrak.net/summer-school/ The sessions are FREE & run from May 29-August 11 Session Times: 7:00 & 8:00 AM & 4:00, 5:00 & 6:00 PM



SAINTS NATION



April 2023 19age 49

We do it for the Fleur!





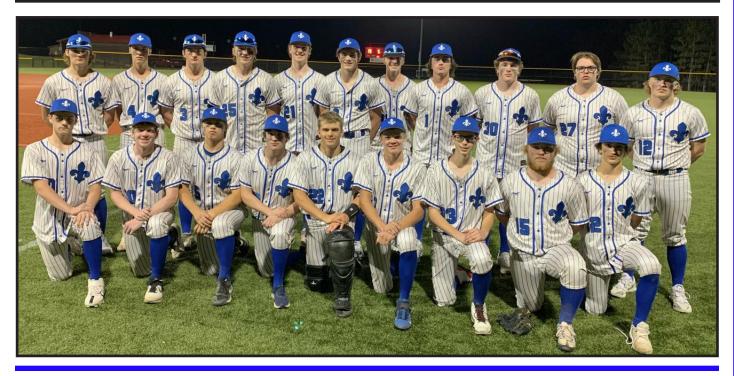


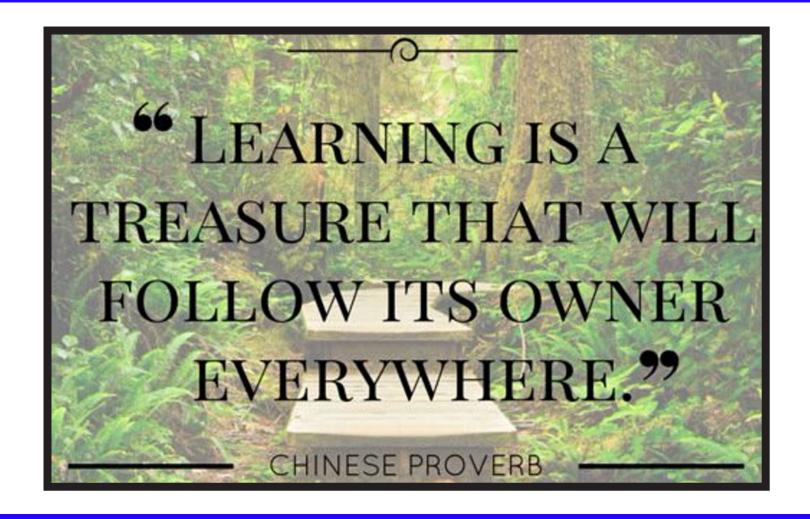






Good luck to our spring sports athletes!





A Message from our District Newsletter Creator -- Jennifer Clemins

Remember, our newsletter is available in full color on our school's webpage (see "District Newsletter" on the left sidebar, then choose the newsletter you would like to view) in PDF format. However, if you would like to have a newsletter mailed to you (or perhaps have something you'd like printed in the next edition), please call Jennifer Clemins at 715-483-9826 x1170 or email her at clemije@scfschools.com and leave your name and address. Thank you!

St. Croix Falls School District c/o District Office 740 Maple Drive St. Croix Falls, WI 54024

Reminder: This entire District Newsletter can be viewed on our school's website at www.scfschools.com.

Volume 25 Issue 4